

Devon Prison Cluster  
**Buddy Support  
Worker Induction  
Programme**

Prisoners assisting other prisoners



**Privacy and  
dignity**

Adapted from Care Standard 7

# To complete this module...

you will need to show that you understand the outcomes listed below. Please use this booklet as a guide but don't copy directly from this – when writing your answers in your workbook, please try to give your own examples.

## Outcomes

- Able to describe what is meant by privacy and dignity.
- Able to list situations where an individual's privacy and dignity could be compromised.
- Able to explain why it is important not to disclose anything about the individual that they may wish to be kept private, unless it is appropriate to do so.  
This could include:  
**Health condition**  
**Personal history**  
**Social circumstances**
- Able to explain why it is important to help the individuals you support to be active and to be as independent as possible

**In addition to those outcomes listed above, you will also be observed in the workplace and will need to demonstrate the below outcomes:**

- Able to show that your actions maintain the privacy of the individual. This could include:  
Using appropriate volume to discuss the support of an individual  
Discussing the individuals support in a place where others cannot overhear
- Able to show that the privacy and dignity of the individual is maintained at all times. This could include:  
Getting permission before entering someone's personal space  
Knocking before entering the room
- Able to show how you support individuals to make informed choices, within the regime of the prison.
- Able to show that you can support the active participation of the individuals that they are supporting.

## Privacy is:

- Maintaining confidentiality.
- Respecting people's dignity and modesty.
- Providing support discretely in order to respect people's dignity, modesty and right to confidentiality.

## Activity

Think about the support you give individuals and how you can promote their privacy.

Support	How I can promote privacy

# The seven common core principles to support self-care

Identified by Skills for Care and Skills for Health:

- Principle 1** Ensure individuals are able to make informed choices to manage their self care needs.
- Principle 2** Communicate effectively to enable individuals to assess their needs, and develop and gain confidence to self care.
- Principle 3** Support and enable individuals to access appropriate information to manage their self care needs.
- Principle 4** Support and enable individuals to develop skills in self care.
- Principle 5** Support and enable individuals to use technology to support self care.
- Principle 6** Advise individuals how to access support networks and participate in the planning, development and evaluation of services.
- Principle 7** Support and enable risk management and risk taking to maximise independence and choice.

## Dignity

(Extracted from **Dignity in Care**)

Dignity covers all aspects of daily life, including respect, privacy, autonomy and self-worth. While dignity may be difficult to define, what is clear is that people know when they have not been treated with dignity and respect.

**The following are some examples from people when they felt their dignity was not respected:**

- Feeling neglected or ignored whilst receiving care.
- Being made to feel worthless or a nuisance.
- Being treated more as an object than a person.
- Feeling their privacy was not being respected during intimate care, e.g., being forced to use a commode in hospital rather than being provided with a wheelchair and supported to use the bathroom.
- A disrespectful attitude from staff or being addressed in ways they find disrespectful, e.g., by first names.
- Being provided with bibs intended for babies rather than a napkin whilst being helped to eat.
- Having to eat with their fingers rather than being helped to eat with a knife and fork.
- Generally being rushed and not listened to.

# Activity

Think about the support that you give individuals and how you could support their dignity:

Support	How I can promote dignity