

DEVON HEALTH AND WELLBEING OUTCOMES REPORT

Priority 2: Living Well

Indicator: Proportion of Physically Active Adults

Period: 2016-17

UPDATED INDICATOR

RAG Rating

G	Green
	Amber
	Red

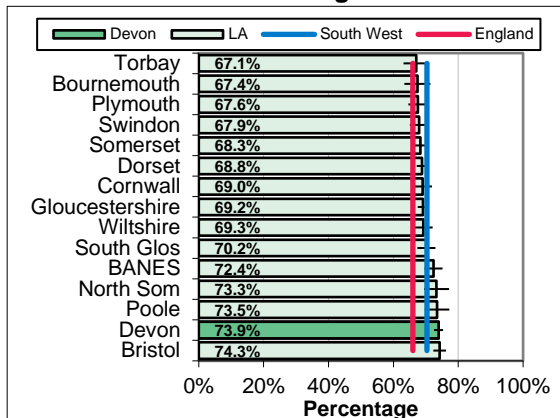
Overview

73.9% of adults in Devon were physically active for at least 150 minutes per week in 2016-17. This is above the South West (70.4%) and comparator group (67.6%) and significantly above the national (66.0%) rates. The differences between the districts in Devon were not statistically significant. Within Devon the lowest rates of physical activity in adults were seen in Mid Devon (67.0%) and the highest rates in Exeter (78.8%).

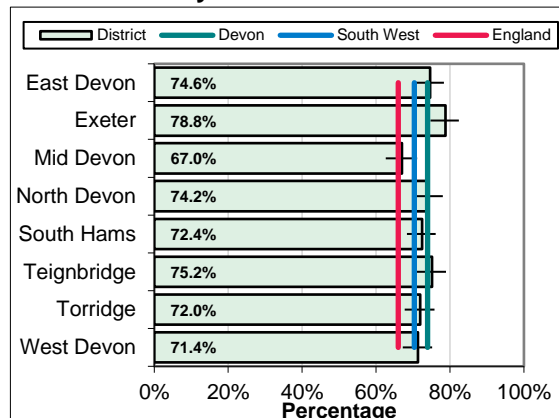
Equalities

Local breakdowns are not available. National results from the Active People survey highlight that physical activity rates are higher in less deprived areas and professional groups. Participation is also higher in males and younger age groups. There are no significant differences by ethnicity. Activity rates are significantly lower in people with limiting long-term health problems.

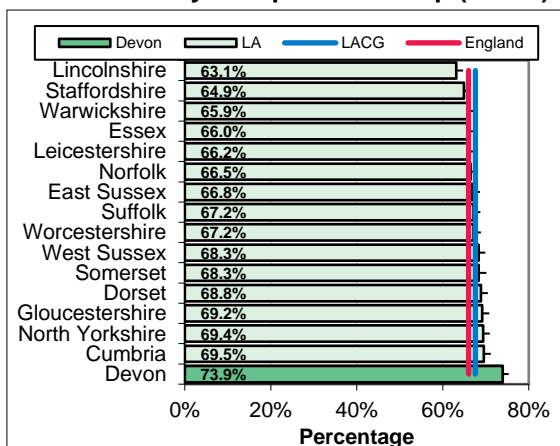
South West Benchmarking



Local Authority District



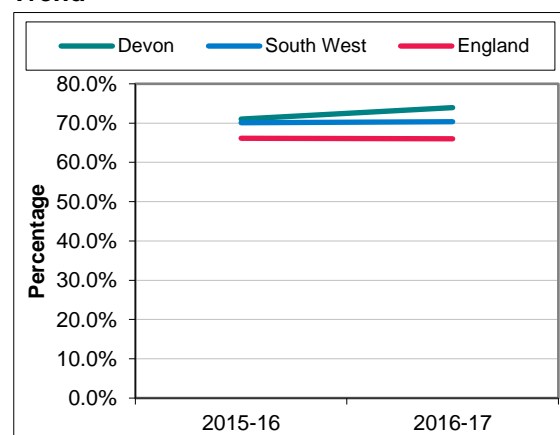
Local Authority Comparator Group (LACG)



CCG and Locality Comparison

NOT CURRENTLY AVAILABLE AT CCG / LOCALITY LEVEL

Trend



Inequalities

NOT CURRENTLY AVAILABLE AT A LOCAL LEVEL

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INDICATOR SPECIFICATION

Priority 2: Living Well

Indicator: Proportion of Physically Active Adults

Period: 2016-17

Description	Percentage of adults achieving at least 150 minutes of physical activity per week in accordance with UK CMO recommended guidelines on physical activity.
Source	Active Lives Survey, Sport England
Update Frequency	Annually, 2017-18 due May 2019
Outcomes Framework	Public Health Outcomes Framework Indicator 2.13
Detailed Specification	The number of respondents aged 19 and over, with valid responses to questions on physical activity, doing at least 150 “equivalent” minutes of at least moderate intensity physical activity per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 16. This includes physical activity as a mode of transportation to work, as well as direct leisure activities.
Chart Notes South West	Compares Upper Tier / Unitary Local Authorities in the South West Region. Error bar is 95% confidence interval.
Chart Notes Local Authority	Compares Local Authority Districts in the Devon County Council area. Error bar is 95% confidence interval.
Chart Notes Comparator	Compares Devon to similar upper tier / unitary local authorities using the 15 closest comparator councils from the Institute of Public Finance (IPF) statistical neighbours for 2015. Error bar is 95% confidence interval.
Chart Notes CCG/Locality	Rates cannot currently be calculated at a Clinical Commissioning Group and locality level.
Chart Notes Trend	Compares Devon rate with South West region and England over time.
Chart Notes Inequalities	Rates cannot currently be calculated at a local level.