

DEVON HEALTH AND WELLBEING OUTCOMES REPORT

Priority 2: Living Well

Indicator: Diet - Fruit and Veg '5-a-day'

Period: 2016-17

UPDATED INDICATOR

RAG Rating

G Green

Amber

Red

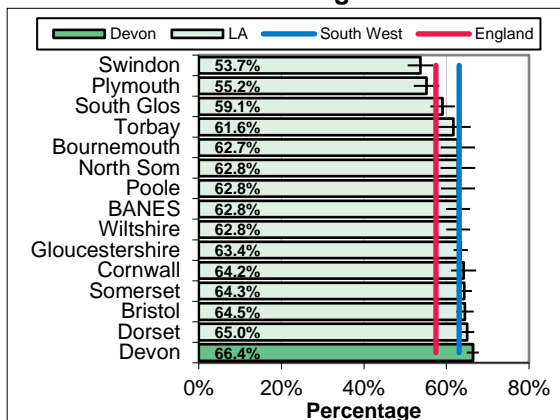
Overview

In Devon in 2016-17, 66.4% of the adult population consumed five or more portions of fruit and vegetables per day. This was significantly above the South West (63.1%), local authority comparator group (60.6%) and England (57.4%) rates. Within Devon the highest rates of were seen in East Devon (70.9%) and the South Hams (70.4%) and the lowest in Mid Devon (61.4%).

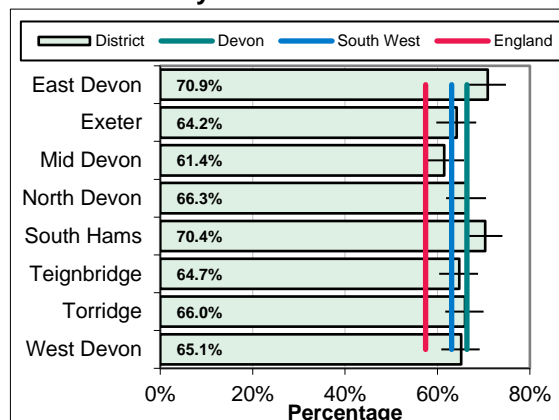
Equalities

Local breakdowns are not available. Fruit and vegetable consumption tends to be lower in areas with higher levels of deprivation. Women are more like to consume five or more portions of fruit and vegetables per day than men. The lowest levels of fruit and vegetable consumption are seen in younger adults.

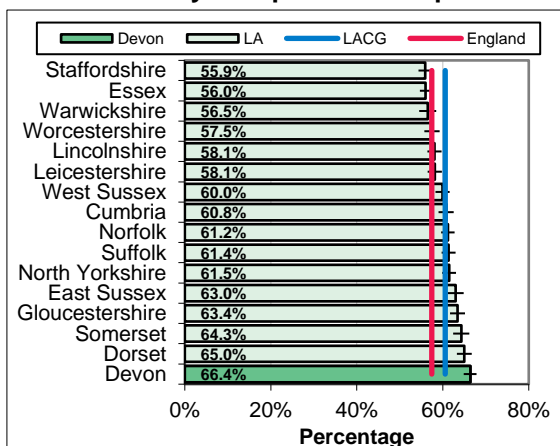
South West Benchmarking



Local Authority District



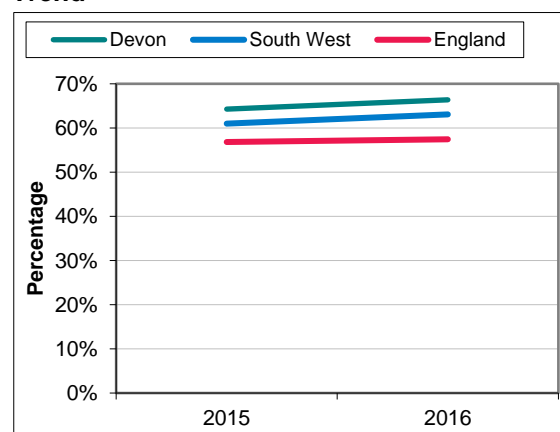
Local Authority Comparator Group



CCG and Locality Comparison

NOT CURRENTLY AVAILABLE AT CCG / LOCALITY LEVEL

Trend



Inequalities

NOT CURRENTLY AVAILABLE AT A LOCAL LEVEL

DEVON HEALTH AND WELLBEING OUTCOMES REPORT

INDICATOR SPECIFICATION

Priority 2: Living Well

Indicator: Diet - Fruit and Veg '5-a-day'

Period: 2016-17

Description	Proportion of the population who, when surveyed, reported that they had eaten the recommended 5 portions of fruit and vegetables on a usual day.
Source	Active Lives Survey, Sport England
Update Frequency	Annually, 2017-18 due May 2019
Outcomes Framework	Public Health Outcomes Framework Indicator 2.11i
Detailed Specification	Proportion of the population who, when surveyed, reported that they had eaten the recommended 5 portions of fruit and vegetables on the previous day. Respondents to the Active Lives Survey who answered both of the following questions were included: 1) How many portions of fruit did you eat yesterday? Please include all fruit, including fresh, frozen, dried or tinned fruit, stewed fruit or fruit juices and smoothies. Fruit juice only counts as one portion no matter how much you drink. 2) How many portions of vegetables did you eat yesterday? Please include fresh, frozen, raw or tinned vegetables, but do not include any potatoes you ate. Beans and pulses only count as one portion no matter how much of them you eat.
Chart Notes South West	Compares Upper Tier / Unitary Local Authorities in the South West Region. Error bar is 95% confidence interval.
Chart Notes Local Authority	Compares Local Authority Districts in the Devon County Council area. Error bar is 95% confidence interval.
Chart Notes Comparator	Compares Devon to similar upper tier / unitary local authorities using the 15 closest comparator councils from the Institute of Public Finance (IPF) statistical neighbours for 2015. Error bar is 95% confidence interval.
Chart Notes CCG/Locality	Rates cannot currently be calculated at a Clinical Commissioning Group and locality level.
Chart Notes Trend	Compares Devon rate with South West region and England over time.
Chart Notes Inequalities	Rates cannot currently be calculated at a local level.