

## **Health and Wellbeing Outcomes Report**

### **Report of the Director of Public Health**

**Recommendation:** It is recommended that the Devon Health and Wellbeing Board note the updated Health and Wellbeing Outcomes Report.

#### **1. Context**

This paper introduces the current detailed outcomes report for the Devon Health and Wellbeing Board, which monitors the priorities identified in the Joint Health and Wellbeing Strategy for Devon 2013-2016.

#### **2. The Health and Wellbeing Outcomes Report**

2.1 An 'updates only' version of the Health and Wellbeing Outcomes Report for March 2016 is included separately. The report is themed around the four Joint Health and Wellbeing Strategy priorities, and includes breakdowns by local authority, district, clinical commissioning group, inequalities characteristics and trends over time. The updated indicators are:

- Alcohol-Related Admissions, 2015-16 Q2 (narrow and broad definitions)
- Injuries Due to Falls, 2014-15
- Feel Supported to Manage Own Condition, 2015-16 Q1-Q2
- Male Life Expectancy Gap (2012-2014)
- Female Life Expectancy Gap (2012-2014)

2.2 Using the narrow definition of alcohol-related admissions covering more immediate harm, the direct age standardised rate of admissions (587.9 per 100,000) was slightly below South West (605.1) and England (608.9) rates but slightly above the local authority comparator group rate (576.9). Using the broad definition of alcohol-related admissions covering longer-term impacts of alcohol, the direct age standardised rate of admissions (1768.5 per 100,000) was below the South West (1936.8), local authority comparator group (1817.6), and England (2087.5) rates.

2.3 There were 3,587 admissions due to falls in 2014-15 for persons aged 65 and over. The age standardised rate per 100,000 was 1763.7 in Devon, which is significantly below the South West (1962.4), local authority comparator group (1903.5) and England (2124.6) rates.

2.4 In Devon during early 2015-16, 67.8% of people with a long-term condition in the GP survey felt they had enough support to manage their own condition. This is significantly higher than national (63.0%), South West (64.7%) and local authority comparator group (63.9%) rates. Rates were highest in the Exeter area.

2.5 The Slope Index of Inequality compares life expectancy in the most deprived and least deprived communities within an area's population, revealing the gap in life expectancy in years. For males in Devon the gap is 5.6 years which is significantly lower than the gaps for the South West (7.7), the local authority comparator group (7.0), and England (9.2). For females in Devon the gap is 3.1 years which is significantly lower than the gaps for the South West (5.0), the local authority comparator group (5.4), and England (7.0).

2.6 Figure 1 provides a summary of all indicators in the outcomes report, and includes a RAG rating, trend and comparison chart.

2.7 Figure 2 summarises the outcomes against the four themes of the Devon Joint Health and Wellbeing Strategy 2013 to 2016.

2.8 Figure 3 compares Devon to the local authority comparator group for all indicators, highlighting whether outcomes are significantly better or worse than the comparator group and England rates. It also shows Devon's rank within the local authority group (1 is best and 16 is worst), both currently, and in 2013 to highlight change over time.

**Table 1: Indicator List and Performance Summary, March 2016**

Priority	RAG	Indicator	Type	Trend	Dev/SW/Eng
1. A Focus on Children and Families	A	Children in Poverty	Chall		
	G	Early Years Foundation Score	Chall		
	G	Smoking at Time of Delivery	Watch		
	G	Teenage Conception Rate	Watch		
	-	Child/Adolescent Mental Health Access	Improve	-	-
	R	Hospital Admissions for Self-Harm, Aged 10-24	Improve		
2. Healthy Lifestyle Choices	G	Proportion of Physical Active Adults	Chall		
	A	Excess Weight in Four / Five Year Olds	Chall		
	A	Excess Weight in 10 / 11 Year Olds	Chall		
	A	Alcohol-Related Admissions (Narrow Definition)*	Watch		
	A	Alcohol-Related Admissions (Broad Definition)*	Watch		
	G	Adult Smoking Prevalence	Watch		
	G	Under 75 Mortality Rate - All Cancers	Improve		
	G	Under 75 Mortality Rate - Circulatory Diseases	Improve		
3. Good Health and Wellbeing in Older Age	A	Incidence of Clostridium Difficile	Chall		
	G	Injuries Due to Falls *	Chall		
	A	Dementia Diagnosis Rate	Chall		
	G	Feel Support to Manage Own Condition *	Watch		
	G	Re-ablement Services (Effectiveness)	Watch		
	A	Re-ablement Services (Coverage)	Watch		
	A	Readmissions to Hospital Within 30 Days	Improve		
4. Strong and Supportive Communities	A	Suicide Rate	Chall		
	G	Male Life Expectancy Gap *	Chall		
	G	Female Life Expectancy Gap *	Chall		
	G	Self-Reported Wellbeing (low happiness score)	Watch		
	A	Social Contentedness	Watch		
	G	Carer Reported Quality of Life	Watch		
	A	Stable/Appropriate Accommodation (Learn.	Improve		
	G	Stable/Appropriate Accommodation (Mental	Improve		

**RAG Ratings**

<b>Red</b>	<b>R</b>	Major cause for concern in Devon, benchmarking poor / off-target
<b>Amber</b>	<b>A</b>	Possible cause for concern in Devon, benchmarking average / target at risk
<b>Green</b>	<b>G</b>	No major cause for concern in Devon, benchmarking good / on-target

**Table 2: Priority Area Summaries, March 2016**

Priority	Summary
1. A Focus on Children and Families	Child poverty levels continued to fall in 2013. Recorded levels of child development are above the South West and England averages. Rates of smoking at delivery are falling over time and are amongst the lowest in the South West. Conception rates have fallen sharply, particularly in more deprived areas. Self-harm admissions in younger people are above the national average.
2. Healthy Lifestyle Choices	Higher levels of physical activity are seen in Devon. Levels of excess weight in children are above average at age 4/5 and below average at age 10/11. The narrow alcohol-related admissions rate is similar to England. Adult smoking rates are below the national average. Mortality rates are falling.
3. Good Health and Wellbeing in Older Age	Clostridium Difficile incidence aligns with South West and national rates. The gap between Devon and the South West and England for the detection of dementia has narrowed significantly. Devon has relatively low levels of injuries due to falls. A higher proportion feel supported to manage their long-term condition in Devon. Reablement service effectiveness is above average, but recorded coverage is low. Readmission rates are below average but are increasing over time.
4. Strong and Supportive Communities	Suicide rates in Devon are consistent with the national average. There is a smaller gap in life expectancy between the most and least deprived communities in Devon than nationally. Self-reported wellbeing in Devon tends to be better than the national average. The proportion stating that they have as much social contact as they would like is below the national average. Quality of life for carers is in line with the national average. Devon had lower levels of people with learning disabilities in stable and appropriate accommodation than the national average, but higher rates for people with mental health issues.

**Table 3: Devon compared with the Local Authority Comparator Group for all Health and Wellbeing outcome measures, March 2016**

Now 2013

Measure	Rate			Significance		LAGG Rank / Position	
	Devon	LAGG	England	LAGG	England	Rank	Position
Life Expectancy Gap in Years (Male)	5.6	7.0	9.2	Similar	Better	1 / 16	
30 Day Readmissions to Hospital (%)	10.3	11.0	11.8	Better	Better	1 / 16	
Feel Supported to Manage own Condition (%)	67.8%	63.9%	63.0%	Better	Better	1 / 16	
Reablement Services Effectiveness (%)	88.8%	82.8%	82.1%	Better	Better	1 / 16	
Low Happiness Score (%)	6.3%	8.0%	9.0%	Similar	Better	1 / 16	
Teenage Conception Rate per 1,000	16.3	20.4	23.3	Better	Better	1 / 16	
Life Expectancy Gap in Years (Female)	3.1	5.4	7.0	Better	Better	1 / 16	
Early Years Good Development (%)	71.6%	67.1%	66.3%	Better	Better	2 / 16	
Circulatory Disease Deaths, under 75	59.1	65.4	75.7	Better	Better	2 / 16	
Excess Weight in Year Six (%)	28.7%	31.0%	33.2%	Better	Better	2 / 16	
Adult Smoking Rate (%)	13.8%	16.8%	18.0%	Better	Better	2 / 16	
Physical Activity (%)	60.3%	58.9%	57.0%	Similar	Better	3 / 16	
Carer Reported Quality of Life	8.100	7.806	7.900	Better	Better	3 / 16	
Admission Rate for Accidental Falls	1763.7	1903.5	2124.6	Better	Better	4 / 16	
Child Poverty (%)	12.4%	14.1%	18.6%	Better	Better	5 / 16	
Cancer Deaths, under 75	129.7	132.1	141.5	Similar	Better	6 / 16	
Stable Accommodation - MH (%)	60.9%	55.2%	59.7%	Better	Better	8 / 16	
Alcohol Admission Rate (Broad Definition)	1768.5	1817.6	2087.5	Better	Better	8 / 16	
Smoking at Time of Delivery (%)	11.2	12.1	11.4	Better	Similar	9 / 15	
Dementia Diagnosis Rate (%)	56.5%	56.5%	60.8%	Similar	Worse	9 / 16	
Alcohol Admission Rate (Narrow Definition)	587.9	576.9	634.7	Similar	Better	9 / 16	
Excess Weight in Reception Year (%)	22.4%	21.8%	21.9%	Similar	Similar	10 / 16	
Social Connectedness	42.8%	45.4%	44.8%	Worse	Worse	12 / 16	
Stable Accommodation - LD (%)	65.6%	69.9%	73.3%	Worse	Worse	12 / 16	
Incidence of Clostridium Difficile	30.8	27.4	26.3	Worse	Worse	12 / 16	
Hospital Admission Rate for Self-Harm	501.8	463.1	412.1	Worse	Worse	12 / 16	
Suicide Rate	10.4	9.6	8.9	Similar	Worse	13 / 16	
Reablement Services Coverage (%)	1.4%	2.8%	3.1%	Worse	Worse	15 / 16	

### 3. Legal Considerations

There are no specific legal considerations identified at this stage.

### 4. Risk Management Considerations

Not applicable.

### 5. Options/Alternatives

Not applicable.

### 6. Public Health Impact

The Devon Health and Wellbeing Outcomes Report is an important element of the work of the board, drawing together priorities from the Joint Health and Wellbeing Strategy, and evidence from the Joint Strategic Needs Assessment. This report and the related documents have a strong emphasis on public health and other relevant health, social care and wellbeing outcomes. A number of the outcomes indicators are also drawn from the Public Health Outcomes Framework. The report also includes a specific focus on health inequalities.

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**DEVON COUNTY COUNCIL**

#### Electoral Divisions: All

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Background Papers  
 Nil