

**CASE STUDY - REDUCTION IN PLAYTIME ACCIDENTS  
& PROMOTION OF SUN SAFETY**

**NAME OF SCHOOL**

ST GEORGE'S CE INFANT & NURSERY SCHOOL,  
NORTHAM

**HEALTH THEME**

IMPROVING EMOTIONAL HEALTH & WELLBEING



**SUMMARY OF HEALTHY SCHOOLS PLUS ACTIONS**

- MTA training on positive playtimes. Regular meetings set up with staff to discuss successes and areas to develop. MTAs from infant and junior schools meet to share good practice
- Consultation with School Council about managing playtimes, wet playtimes and clubs and the design of a quiet area,
- Daily log book of playtimes kept identify the good features and areas for improvement
- Additional playground equipment purchased
- New arrangements for lunch implemented – so increasing and improving opportunities for active playtimes
- Skipping workshop held for all classes – very successful
- Area designated in playground for skipping and football to reduce accidents caused by these activities

- Area of playground cleared to create a woodland space
- Wet weather clothes purchased for children to go out even in wet weather
- Sing-Up once a week provides another link with junior school and variety of activity
- School accepted on Comenius Project – working with a French & a German school on joint health project. This includes development of ideas for playtimes e.g. Take 10 [use of French & German versions]
- Hats purchased for all children to use for playtimes and outdoor learning on sunny days [remain in school]
- Gazebos purchased
- Future plans for additional playground markings and a track to be created for the Foundation Stage so less risk of trikes and scooters running into other children

### EVIDENCE OF IMPACT

- The number of children playing without accidents has increased from 79% to 91% [exceeding the original target of 82%]
- MTAs report the training has given them more confidence to deal with incidents, use positive language and helped them to lead and promote active play
- Quote from child – *‘Playtimes are so much better now’*
- Ofsted inspection report – *‘The playground is a happy and harmonious place’*
- Parents Association have seen benefits of sun hats and have agreed to continue funding the provision of sun hats

### REFLECTIONS FROM THE SCHOOL

Training of MTAs along with the involvement of the School Council in improving the quality of play has been successful. MTAs report playtime behaviour is better and this has an impact on afternoon lessons. The development of the playground with seats and creating a quiet area under the trees has improved the environment. The development of the outdoor learning environment has promoted increased use of this for other learning.

#### Other successful Interventions

- Emotional Wellbeing – increase attendance at lunchtime and after school
- Emotional Wellbeing – Forest School / Beach School activities

**For further information regarding this intervention, please contact -**

#### CONTACT NAME

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