

CASE STUDY - TO INCREASE THE CHILDREN'S ENJOYMENT OF ALL ASPECTS OF THE LUNCHTIME SESSION

NAME OF SCHOOL	MARLDON CE PRIMARY SCHOOL
HEALTH THEME	IMPROVING EMOTIONAL HEALTH & WELLBEING & MAINTAINING A HEALTHY WEIGHT THROUGH THE PROMOTION OF HEALTHY EATING & PHYSICAL ACTIVITY



SUMMARY OF HEALTHY SCHOOLS PLUS ACTIONS

- Year 6 Peer Mediation training
- Play Leaders appointed and receive training to lead games and activities. [School funds additional MTA time for this training] 2 attend training at Young Playleader Conference
- MTA's trained in positive playtimes by Behaviour Support Team and organise structured activities on the playground
- All actions to achieve the Food for Life Bronze Award completed – including increasing the quality of the menus and lunchtime experience, developing gardening experiences, organising parental/community lunches, establishing links with local farm, raising profile of catering manager and team
- Creating a themed décor [outer space] for the dining hall to make it more attractive
- School Council involvement in the selection and purchase of lunchtime play equipment [using the Sainsbury's vouchers scheme]
- Lottery bid completed for funding to develop an environmental area
- New Behaviour Policy introduced – implemented across the school day

- The PTA fund a covered area for Key Stage 1 children to use – increasing the amount of play space they can access

EVIDENCE OF IMPACT

- 100% of Year 6 have taken on a lunchtime responsibility - Play Leaders as well as lunchtime support for the younger children
- As a result of the improvements, over 90% of the children indicated that they really enjoy the lunchtimes – queuing and waiting to use the special equipment were cited as issues to minimise in the future
- A greater variety of equipment and lunchtime games available
- The number of children having school lunches has increased term on term
- Catering manager, children, staff and parents are very enthusiastic about the positive changes in the food culture. School now aiming to achieve the Silver Award in the Food for Life Programme
- Increase in the number of parents of new Reception children, parents/extended family and members of the community attending the special lunches. The meals are becoming very popular
- With the new Behaviour Policy, incidents of ‘poor behaviour’ at lunchtime have drastically reduced.

REFLECTIONS FROM THE SCHOOL

Having seen the current Year 6 children taking on a role of responsibility, the children in Years 4 and 5 are eagerly anticipating following their example. Not only has the take up of school lunches improved, there has also been an increase in the number of children taking up their Free School Meal entitlement. The catering manager and her team now feel an important part of the whole school staff. The community has been brought into the school to attend the neighbourhood care lunches that have been organised. Some have not been into the school for at least 30 years. As a result of the successful Lottery bid, we held a fantastic ‘grounds day’ -staff were joined by parents and the community to create an environmental area that includes sections to grow produce.

Other successful Interventions

- Emotional Health & Wellbeing - through actions to increase attendance [as a whole Learning Community]
- Emotional Health & Wellbeing – setting up after school clubs for target children

For further information regarding this intervention, please contact -

CONTACT NAME

AMANDA MILLS - DEPUTY HEAD AND HEALTHY SCHOOLS PLUS LEAD

CONTACT DETAILS

Telephone : 01803 - 557797

Email : admin@marldon-primary.devon.sch.uk