

Health and Wellbeing Outcomes Report

Report of the Director of Public Health

Recommendation: It is recommended that the Devon Health and Wellbeing Board note the updated Health and Wellbeing Outcomes Report.

1. Context

This paper introduces the current detailed outcomes report for the Devon Health and Wellbeing Board, which monitors the priorities identified in the Joint Health and Wellbeing Strategy for Devon 2013-2016.

2. The Health and Wellbeing Outcomes Report

2.1 An 'updates only' version of the Health and Wellbeing Outcomes Report for January 2016 is included separately. The report is themed around the four Joint Health and Wellbeing Strategy 2013-16 priorities, and includes breakdowns by local authority, district, clinical commissioning group, inequalities characteristics and trends over time. The updated indicators are:

- Early Years Foundation Score, 2014-15
- Smoking at Time of Delivery, 2014-15
- Teenage Conception Rate, Q3 2014
- Excess Weight in Four / Five Year Olds, 2014-15
- Excess Weight in 10 / 11 Year Olds, 2014-15
- Adult Smoking Prevalence, 2014
- Under 75 Mortality Rate – All Cancers, 2012 to 2014
- Under 75 Mortality Rate – Circulatory Diseases, 2012 to 2014
- Suicide Rate, 2012 to 2014

2.2 71.6% of children achieved a good level of development at school entry, which was significantly above the South West (67.2%), local authority comparator group (67.1%) and England (66.3%) rates.

2.3 In 2014-15, 11.2% of mothers were smoking at time of delivery in the wider Devon area (including Plymouth and Torbay). This compares with 11.9% in the South West, and 11.4% in England.

2.4 There were 201 conceptions in Devon between October 2013 and September 2014 for females aged under 18, with around half leading to a birth. The latest rate (16.3 per 1,000 females) was significantly below South West (19.4), local authority comparator group (20.4) and England (23.3) rates. The rate was the lowest in the local authority comparator group. Rates have dropped significantly in recent years.

2.5 This measure of 'excess weight' covers children classified as overweight or very overweight. In reception year (aged four or five) 22.4% of pupils in Devon were recorded in the excess weight category, compared to 22.3% for the South West, 21.8% for the local authority comparator group, and 21.9% for England. In year six (aged 10 or 11) the Devon rate (28.7%) was below the South West (30.5%), local authority comparator group (31.0%), and England (33.2%) rates.

2.6 The latest figures from the Integrated Household Survey suggest that 13.8% of the adult population in Devon smoke. This is below the South West (16.9%), local authority comparator group (16.8%) and England rate (18.0%). Smoking prevalence rates have dropped in Devon over recent years.

2.7 There are around 1,000 deaths annually due to cancer in under 75s, with an direct age standardised rate of 129.7 per 100,000 for 2012-14. The Devon rate was below the South West (130.5), local authority comparator group (132.1), and England (141.5) rates. Mortality rates continue to fall

2.8 There are around 455 circulatory deaths annually in under 75s, with an direct age standardised rate of 59.1 per 100,000 for 2012-14. The Devon rate was below the South West (65.3), local authority comparator group (65.4) and England (75.7) rates. Rates are falling and inequalities narrowing.

2.9 Around 80 deaths per annum are registered as suicide or injury undetermined (open verdict), with an direct age standardised rate of 10.4 per 100,000. This was above the South West (10.1), local authority comparator group (9.6) and England (8.9) rates. Rates in Devon have typically remained around or slightly above the national rate.

Table 1: Indicator List and Performance Summary, January 2016

Priority	RAG	Indicator	Type	Trend	Dev/SW/Eng
1. A Focus on Children and Families	A	Children in Poverty	Chall		
	G	Early Years Foundation Score *	Chall		
	G	Smoking at Time of Delivery	Watch		
	G	Teenage Conception Rate *	Watch		
	-	Child/Adolescent Mental Health Access Measure	Improve	-	-
	R	Hospital Admissions for Self-Harm, Aged 10-24	Improve		
2. Healthy Lifestyle Choices	G	Proportion of Physical Active Adults	Chall		
	A	Excess Weight in Four / Five Year Olds *	Chall		
	A	Excess Weight in 10 / 11 Year Olds *	Chall		
	A	Alcohol-Related Admissions (Narrow Definition)	Watch		
	A	Alcohol-Related Admissions (Broad Definition)	Watch		
	G	Adult Smoking Prevalence *	Watch		
	G	Under 75 Mortality Rate - All Cancers *	Improve		
	G	Under 75 Mortality Rate - Circulatory Diseases *	Improve		
3. Good Health and Wellbeing in Older Age	A	Incidence of Clostridium Difficile	Chall		
	G	Injuries Due to Falls	Chall		
	A	Dementia Diagnosis Rate	Chall		
	G	Feel Support to Manage Own Condition	Watch		
	G	Re-ablement Services (Effectiveness)	Watch		
	A	Re-ablement Services (Coverage)	Watch		
	A	Readmissions to Hospital Within 30 Days	Improve		
	4. Strong and Supportive Communities	A	Suicide Rate *	Chall	
G		Male Life Expectancy Gap	Chall		
G		Female Life Expectancy Gap	Chall		
G		Self-Reported Wellbeing (low happiness score)	Watch		
A		Social Contentedness	Watch		
G		Carer Reported Quality of Life	Watch		
A		Stable/Appropriate Accommodation (Learn. Dis.)	Improve		
G		Stable/Appropriate Accommodation (Mental Hlth)	Improve		

RAG Ratings

Red	R	Major cause for concern in Devon, benchmarking poor / off-target
Amber	A	Possible cause for concern in Devon, benchmarking average / target at risk
Green	G	No major cause for concern in Devon, benchmarking good / on-target

Table 2: Priority Area Summaries, January 2016

Priority	Summary
1. A Focus on Children and Families	Child poverty levels continued to fall in 2013. Recorded levels of child development are above the South West and England averages. Rates of smoking at delivery are falling over time and are amongst the lowest in the South West. Conception rates have fallen sharply, particularly in more deprived areas. Self-harm admissions in younger people are above the national average.
2. Healthy Lifestyle Choices	Higher levels of physical activity are seen in Devon. Levels of excess weight in children are above average at age 4/5 and below average at age 10/11. The narrow alcohol-related admissions rate is similar to England. Adult smoking rates are below the national average. Mortality rates are falling.
3. Good Health and Wellbeing in Older Age	Clostridium Difficile incidence aligns with South West and national rates. The gap between Devon and the South West and England for the detection of dementia has narrowed significantly. Devon has relatively low levels of injuries due to falls. A higher proportion feel supported to manage their long-term condition in Devon. Reablement service effectiveness is above average, but recorded coverage is low. Readmission rates are below average but are increasing over time.
4. Strong and Supportive Communities	Suicide rates in Devon are consistent with the national average. There is a smaller gap in life expectancy between the most and least deprived communities in Devon than nationally. Self-reported wellbeing in Devon tends to be better than the national average. The proportion stating that they have as much social contact as they would like is below the national average. Quality of life for carers is in line with the national average. Devon had lower levels of people with learning disabilities in stable and appropriate accommodation than the national average, but higher rates for people with mental health issues.

Table 3: Devon compared with the Local Authority Comparator Group for all Health and Wellbeing outcome measures, January 2016

Measure	Rates			Significance		LAGG Rank / Position	
	Devon	LAGG	England	LAGG	England	Rank	Position
Life Expectancy Gap in Years (Male)	5.2	7.2	8.4	Better	Better	1 / 16	
30 Day Readmissions to Hospital (%)	10.3	11.0	11.8	Better	Better	1 / 16	
Feel Supported to Manage own Condition (%)	68.9%	64.2%	63.3%	Better	Better	1 / 16	
Reablement Services Effectiveness (%)	88.8%	82.8%	82.1%	Better	Better	1 / 16	
Low Happiness Score (%)	6.3%	8.0%	9.0%	Similar	Better	1 / 16	
Teenage Conception Rate per 1,000	16.3	20.4	23.3	Better	Better	1 / 16	
Early Years Good Development (%)	71.6%	67.1%	66.3%	Better	Better	2 / 16	
Life Expectancy Gap in Years (Female)	3.3	5.4	6.2	Better	Better	2 / 16	
Circulatory Disease Deaths, under 75	59.1	65.4	75.7	Better	Better	2 / 16	
Excess Weight in Year Six (%)	28.7%	31.0%	33.2%	Better	Better	2 / 16	
Adult Smoking Rate (%)	13.8%	16.8%	18.0%	Better	Better	2 / 16	
Physical Activity (%)	60.3%	58.9%	57.0%	Similar	Better	3 / 16	
Carer Reported Quality of Life	8.100	7.806	7.900	Better	Better	3 / 16	
Child Poverty (%)	12.4%	14.1%	18.6%	Better	Better	5 / 16	
Cancer Deaths, under 75	129.7	132.1	141.5	Similar	Better	6 / 16	
Admission Rate for Accidental Falls	1766.1	1809.9	2011.0	Similar	Better	6 / 16	
Stable Accommodation - MH (%)	60.9%	55.2%	59.7%	Better	Better	8 / 16	
Smoking at Time of Delivery (%)	11.2	12.1	11.4	Better	Similar	9 / 15	
Alcohol Admission Rate (Broad Definition)	1825.6	1854.8	2128.7	Similar	Better	9 / 16	
Dementia Diagnosis Rate (%)	56.5%	56.5%	60.8%	Similar	Worse	9 / 16	
Excess Weight in Reception Year (%)	22.4%	21.8%	21.9%	Similar	Similar	10 / 16	
Alcohol Admission Rate (Narrow Definition)	628.3	603.2	634.7	Worse	Similar	11 / 16	
Social Connectedness	42.8%	45.4%	44.8%	Worse	Worse	12 / 16	
Stable Accommodation - LD (%)	65.6%	69.9%	73.3%	Worse	Worse	12 / 16	
Incidence of Clostridium Difficile	30.8	27.4	26.3	Worse	Worse	12 / 16	
Hospital Admission Rate for Self-Harm	501.8	463.1	412.1	Worse	Worse	12 / 16	
Suicide Rate	10.4	9.6	8.9	Similar	Worse	13 / 16	
Reablement Services Coverage (%)	1.4%	2.8%	3.1%	Worse	Worse	15 / 16	

3. Child Sexual Exploitation

3.1 The Child Sexual Exploitation (CSE) Scorecard has been introduced with indicators being developed by partners, including the roll out of the CSE assessment tool within Children's Social Care and the addition of a CSE marker in Police crime recording. The scorecard is being shared with the Devon Safeguarding Children Board (DSCB) subgroup on a quarterly basis.

3.2 Devon and Cornwall Police have led the creation of a Child Sexual Abuse and Exploitation Serious and Organised Crime Local Profile for Devon. This builds Peninsular Overview Document created in 2015. The profile is currently being circulated to partners for comments and will then be used by both the police and the DSCB CSE Sub Group to shape future work.

3.3 In a detailed analysis of CSE reported in Devon to Devon and Cornwall Police, peer-to-peer has been identified as the most common victim and offender relationship. The majority of young people identified as having been victims of CSE had a history of going missing from home or care. This highlights the importance of 'return home' support for young people who go missing in order to reduce their risk of harm. In the last 12 months the REACH team in Devon have conducted 357 return home interviews, 101 of these young people being victims of child sexual exploitation.

4. Legal Considerations

There are no specific legal considerations identified at this stage.

5. Risk Management Considerations

Not applicable.

6. Options/Alternatives

Not applicable.

7. Public Health Impact

The Devon Health and Wellbeing Outcomes Report is an important element of the work of the board, drawing together priorities from the Joint Health and Wellbeing Strategy, and evidence from the Joint Strategic Needs Assessment. This report and the related documents have a strong emphasis on public health and other relevant health, social care and wellbeing outcomes. A number of the outcomes indicators are also drawn from the Public Health Outcomes Framework. The report also includes a specific focus on health inequalities.

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Background Papers
Nil