

# DEVON HEALTH AND WELLBEING OUTCOMES REPORT

## Priority 2: Living Well

Indicator: Excess Weight in Adults

Period: 2016-17

**UPDATED INDICATOR**

### RAG Rating

G	Green
	Amber
	Red

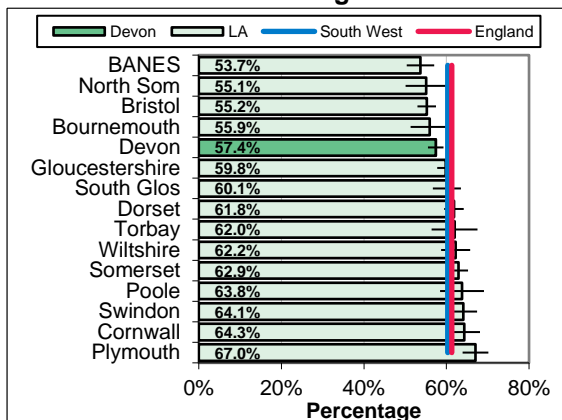
#### Overview

In Devon in 2016-17, 57.4% of the adult population had a BMI in excess of 25 (overweight or obese). This was significantly below the South West (60.3%), the local authority comparator group (61.4%) and England (61.3%) rates. Within Devon the lowest rates of excess weight were seen in Exeter (54.0%).

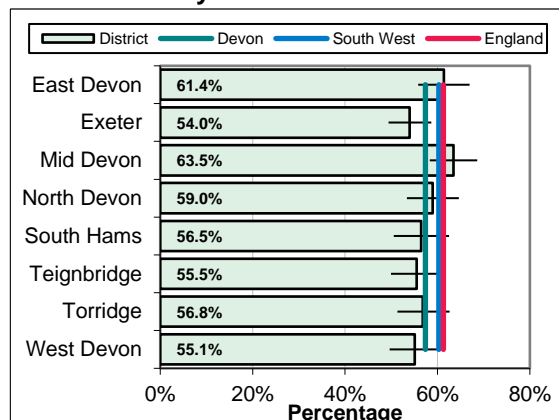
#### Equalities

Local breakdowns are not available. Rates vary by age, with the lowest rates in younger age groups, and the highest rates for 45 to 64 year olds in males, and 65 to 74 year olds in females. Levels of excess weight are higher in males than females (67.4% vs 55.1% nationally), although levels of obesity tend to be higher in females.

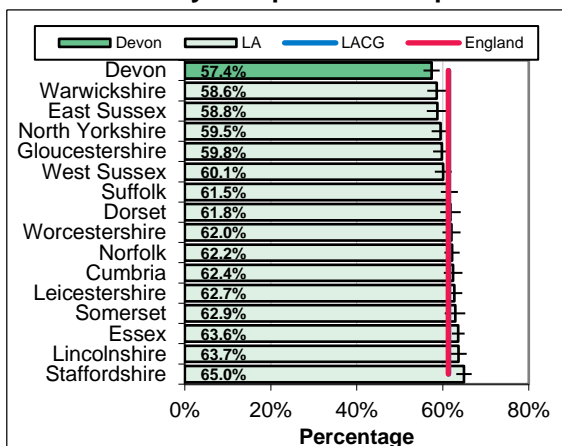
#### South West Benchmarking



#### Local Authority District



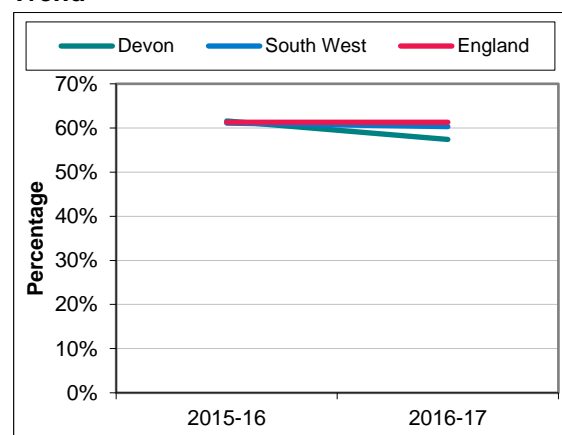
#### Local Authority Comparator Group



#### CCG and Locality Comparison

NOT CURRENTLY AVAILABLE AT CCG / LOCALITY LEVEL

#### Trend



#### Inequalities

NOT CURRENTLY AVAILABLE AT A LOCAL LEVEL

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## INDICATOR SPECIFICATION

**Priority 2:** Living Well

**Indicator:** Excess Weight in Adults

**Period:** 2016-17

<b>Description</b>	Percentage of adults classified as overweight or obese.
<b>Source</b>	Active Lives Survey, Sport England
<b>Update Frequency</b>	Annually, 2017-18 due May 2019
<b>Outcomes Framework</b>	Public Health Outcomes Framework Indicator 2.12
<b>Detailed Specification</b>	Number of adults with a BMI classified as overweight (including obese), calculated from the adjusted height and weight variables. Adults are defined as overweight (including obese) if their body mass index (BMI) is greater than or equal to 25kg/m <sup>2</sup> . Denominator is number of adults ages 18+ with valid height and weight recorded. Height and weight is self-reported but is adjusted by age and sex using Health Survey for England data to adjust for differences between self-reports and actual BMI. Prevalences are weighted to be representative of the whole population at each level of geography and have been age-standardised.
<b>Chart Notes South West</b>	Compares Upper Tier / Unitary Local Authorities in the South West Region. Error bar is 95% confidence interval.
<b>Chart Notes Local Authority</b>	Compares Local Authority Districts in the Devon County Council area. Error bar is 95% confidence interval.
<b>Chart Notes Comparator</b>	Compares Devon to similar upper tier / unitary local authorities using the 15 closest comparator councils from the Institute of Public Finance (IPF) statistical neighbours for 2015. Error bar is 95% confidence interval.
<b>Chart Notes CCG/Locality</b>	Rates cannot currently be calculated at a Clinical Commissioning Group and locality level.
<b>Chart Notes Trend</b>	Compares Devon rate with South West region and England over time.
<b>Chart Notes Inequalities</b>	Rates cannot currently be calculated at a local level.